



Your Partner for Success

“The well-being of the nation’s physicians is a critical factor in maintaining access to care and the quality of our health care system,” said Creason. “The program will help physicians conquer these issues, so they can do what they do best – care for patients.”

To help physicians succeed in their life's work of caring for patients, the California Medical Association (CMA) has made physician wellness and the prevention of burnout a core priority. By advancing initiatives that enhance efficiency, professional satisfaction and the delivery of care, CMA is striving to help physicians navigate and succeed in a continually evolving health care environment.

“Did you know that as members of the Medical Society of Tulare and Kings County, you are entitled to up to (6) out patient visits of professional counseling resources? This benefit also extends to spouses of the member. All assistance is **COMPLETELY CONFIDENTIAL** and services are directly billed to TKFMC and will not reveal to whom services were provided to.”

The program will utilize a population health framework to address systemic contributors to physician burnout, along with providing tailored support for physicians at increased risk or experiencing specific challenges. In addition to creating tools to support changes that the health care system can make to increase physician well-being, the program will assist those already expressing signs of burnout.

Please contact us for providers and more information ▶▶▶

Burnout can...

- Erode the quality of patient care
- Decrease patient satisfaction
- Limit patient access to care
- Affect your relationship with patients & family
- Leads to a higher risk for suicide

Physician Wellness will lead to...

- Finding meaning in your work
- Reconnecting with your peers and family
- Improvement in the communities you serve



Physician Wellness Services Programs

Stephanie Amaral
Executive Director
MSTKC

StephanieA@tkfmc.org
(559)734-0393

Kathleen S. Creason, MBA
Chief Executive Officer
Physician Wellness Services

kcreason@cmadocs.org
(916) 551-2031