

**Kaweah Kids
Food and Nutrition Service
Week 1 Menu**

KAWEAH KIDS WEEK 1				
Cycle 1- Monday	Cycle 2 - Tuesday	Cycle 3 - Wednesday	Cycle 4 -Thursday	Cycle 5 - Friday
Biscuit	Cheerios	Wheat Toast	Country Potatoes	Waffle
Scrambled Egg	Banana	Ham	Scrambled Egg	Applesauce
Jelly	Milk	Butter, jelly	Milk	Butter
Milk		Milk		Syrup
				Milk
AM Snack				
Ritz Crackers	Cinnamon Swirl Bagel	Fish Crackers	Teddy Graham Crackers	American cheese
Fresh Sliced Apples	Cream cheese	Milk	Milk	Pretzels
Milk	Milk			Milk
Lunch Week 1				
Lemon Grilled Chicken Breast	Grilled Ham and Cheese Sandwich	Chicken Fajitas	Pita Pocket	Cod nuggets
Rice	Tomato Soup	Corn	Turkey	French fries
Steamed broccoli	Fruit Cocktail	Fresh Fruit Salad	Shredded cheese	Orange slices
Diced peaches	Milk	Milk	Shredded lettuce, tomato	Wheat rolls
Milk			Sliced apples	Milk
			Ranch dressing	
			Milk	
PM Snack				
Lorna Doone Cookies	Pineapple Chunks	Saltine Crackers	Vanilla Pudding	Fig Newton Cookies
Milk	Wheat Crackers	American Cheese	Banana	Milk
	Milk	Milk	Milk	